

BOOK CHAPTER AUTHOR GUIDELINES

1. Book chapters must be written on A4-sized paper with page margins set at 2.5 cm for all sides (top, bottom, right, and left).
2. The main title of the text should be centered, written in Times New Roman font, bold, all capital letters, and 12-point font size.
3. After the main title, leave two blank lines, then write the author's name in Times New Roman, 12-point font size. The first letter of the author's name and all letters in the surname should be capitalized. Author names should be aligned to the right. For multiple authors, names should be written side by side.
4. The title, institution, and email address of the author(s) must appear on the first page in Times New Roman, 11-point font size, as a footnote beneath the name.
5. Leave one blank line after the author's name(s).
6. The text must be written in Times New Roman font, 11-point font size, with 1.15 line spacing, and fully justified.
7. **Heading Formatting in the Text:**
 - o **First-Level Headings:** All uppercase, bold, 12-point font size.
 - o **Second-Level Headings:** Capitalize the first letters, bold, 12-point font size.
 - o **Third-Level Headings:** Capitalize the first letters, bold, 11-point font size.
8. Footnotes must be in 9-point font size and should only include explanations, without bibliographic references.
9. Tables must be numbered, with titles placed above them, written in bold, 11-point font size. Table content should use a 10-point font size with single line spacing. Tables must not extend across multiple pages.
10. Figures and graphics should be numbered, with captions written in 10-point font size and placed below them. Figures and graphics should be embedded within the text where appropriate.
11. References to tables, figures, and graphics should be cited in the text (e.g., Table 1, Figure 2).
12. The text, including the bibliography, should be 8–10 pages long and must not exceed 20 pages.
13. Each reference should be cited in the text using superscript Arabic numerals (e.g., 1, 2, and 3).
14. References should be listed in order of their appearance in the text and written in their original language. Detailed examples of reference formatting are provided below.
15. Chapters must be scanned for plagiarism. The similarity index should be indicated at the end of the manuscript and must not exceed 20%.
16. **References:** References should follow the order of their appearance in the manuscript. For sources with six or fewer authors, all authors' names should be listed (surname followed by the initials, separated by commas). For seven or more authors, list the first three authors followed by "et al." References must include the article title (with only the first word and proper nouns capitalized), the journal's abbreviated name, the year, volume, and page numbers (formatted as "15-8" instead of "15-18"). The format must adhere to Index Medicus standards (www.icmje.org). Journal abbreviations should comply with the style used in the Cumulated Index Medicus.

Reference Examples:

• Journal Articles:

Cesur S, Aslan T, Hoca NT, Çimen F, Tarhan G, Çifci A. Clinical importance of serum neopterin level in patients with pulmonary tuberculosis. *Int J Mycobacteriol* 2014; 3:15-8.

• Books:

Tos M. Cartilage tympanoplasty. 1st ed. Stuttgart-New York: Georg Thieme Verlag; 2009.

• Chapters in Edited Books:

Neinstein LS. Office visits, interview techniques, and recommendations to parents. In: Neinstein LS (ed). *Adolescent Health Care. A Practical Guide*. 3rd ed. Baltimore: Williams & Wilkins; 1996: 46-60.

• Theses:

Kılıç C. General Health Survey: A Study of Reliability and Validity. PhD Thesis, Hacettepe University Faculty of Medicine, Department of Psychiatrics, Ankara, 1992.

• Websites:

Include the website name, URL, authors, and access date.

• DOI Example:

Joos S, Musselmann B, Szecsenyi J. Integration of complementary and alternative medicine into family practice in Germany: Result of National Survey. *Evid Based Complement Alternat Med* 2011 (doi:10.1093/ecam/nep019).